

# 100% Climate and Nature Friendly by 2025

Family Planning	2020	2021	2022	2023	2024
1. Call a family meeting to discuss this list					
<b>Transportation</b>					
2. Shift to cycling or walking for more local trips					
3. Buy an electric bike or trike					
4. Carpool to meetings and events					
5. Do more ride-sharing, use more transit					
6. Buy a new or second hand hybrid or electric vehicle					
7. Sell your last fossil fuel vehicle and never look back					
8. Pack a zero-waste travel bag - mug, cutlery, take out containers					
9. Flights: Minimize, buy carbon offsets if you have no choice but to fly					
<b>Home</b>					
10. Switch to LED lightbulbs					
11. Upgrade to the most efficient appliances					
12. Upgrade for better home insulation, better windows, reduce heat-leaks					
13. Remove your oil or gas heater					
14. Make sure that any firewood you use has been harvested sustainably					
15. Install a heat-pump.					
16. Install solar PV. \$2 per watt. 4kw system = \$8,000 + tax					
17. Assemble your household emergency preparedness kit					
<b>Financial</b>					
18. Switch to a climate-friendly bank. <a href="http://www.ran.org/bankingonclimatechange2019">www.ran.org/bankingonclimatechange2019</a>					
19. Switch to climate-friendly investments. <a href="http://www.riacanada.ca">www.riacanada.ca</a>					
<b>Business</b>					
20. Owners: become a Certified B Corp <a href="http://www.bcorporation.net">www.bcorporation.net</a>					
21. Staff: Talk to your employer about becoming as green as possible					
<b>Forest, Farm and Garden</b>					
22. Place a conservation covenant on your forest and/or farm					
23. Adopt an ecoforestry approach to timber <a href="http://www.ecoforestry.ca">www.ecoforestry.ca</a>					
24. Plant ten trees					
25. Safeguard your home against wildfires					
26. Grow food organically					
27. Practice bear-safe home composting					
28. Save your own food - drying, canning, freezing					
29. Harvest rainwater in tanks, swales and ponds					
30. Save water by cover crops, mulching, drip irrigation					
31. Create habitat for birds, bats, bees, native plants and wildlife					
32. Save your own seeds					
33. Switch to an electric mower, weed-eater, chainsaw					
34. Share tools with your neighbours					
<b>Shopping</b>					
35. Buy more local produce					
36. Buy certified organic products					
37. Eat less meat and dairy – make your meals more vegetarian and vegan					
38. Eliminate non-sustainable palm oil products <a href="https://tinyurl.com/responsiblepalmoil">https://tinyurl.com/responsiblepalmoil</a>					
39. Buy tree-free or 100% recycled paper, tissues, toilet-paper					
40. Buy safe personal care products <a href="http://www.ewg.org">www.ewg.org</a>					
41. Buy Fair-Trade, slavery-free chocolate, coffee and tea					
42. Buy green household cleaning products <a href="http://www.seventhgeneration.com">www.seventhgeneration.com</a>					
43. Buy nature-friendly, non-sweatshop, sustainable clothing					

<b>Waste</b>					
44. Learn how to knit, sew and repair clothing					
45. Upcycle and creatively re-use clothing and other items					
46. Use re-useable shopping bags and re-fillable containers <a href="http://www.tinyurl.com/sustshopping">www.tinyurl.com/sustshopping</a>					
47. Aim for zero household waste to the landfill					
<b>Community Engagement</b>					
48. Join a local Climate Action Group					
49. Take time to learn more about the climate and ecological emergencies					
50. Invite your friends to a Climate Action Kitchen Table gathering					
51. Choose a climate/nature focus and join or start a local group					
52. Help your local school to engage in more environmental activity					
53. Work to help the best climate-aware candidate win the next election					
<b>The End</b>					
54. Leave a legacy for climate and nature in your will					
55. Plan a beautiful green burial					

## Climate Emergency

*The Climate Challenge: 101 Solutions to Global Warming*, by Guy Dauncey (2009)

*Drawdown: The Most Comprehensive Plan Ever Proposed to Reverse Global Warming*, by Paul Hawken (2017)

*Designing Climate Solutions: A Policy Guide for Low-Carbon Energy*, by Hal Harvey (2018)

*This is Not a Drill: The Extinction Rebellion Handbook* (2019)

*No One is Too Small to Make a Difference*, by Greta Thunberg (2019)

*The Citizen's Guide to Climate Success: Overcoming Myths that Hinder Progress*, by Mark Jaccard (2020)

*Our House is On Fire: Scenes of a Family and a Planet in Crisis*, by Greta Thunberg et al (2020)

## Ecological Emergency

*Eradicating Ecocide: Exposing the corporate and political practices destroying the world and proposing the laws needed to eradicate ecocide*, by Polly Higgins (2010)

*The World is Blue: How Our Fate and the Oceans Are One*, by Sylvia Earle (2010)

*Enough is Enough: Building a Sustainable Economy in a World of Finite Resources*, by Rob Dietz & Dan O'Neill (2013)

*The Sixth Extinction: An Unnatural History*, by Elizabeth Kolbert (2014)

*Prosperity without Growth: Foundations for the Economy of Tomorrow*, by Tim Jackson (2010, 2017)

*Eating Tomorrow: Agribusiness, Family Farmers, and the Battle for the Future of Food*, by Timothy A. Wise (2019)

## Green Living

*How to Live Plastic Free – A Day in the Life of a Plastic Detox*. Marine Conservation Society (2020)

*Live Green: 52 Steps for a More Sustainable Life*, by Jen Chillingsworth (2019)

*Zero Waste Home: The Ultimate Guide to Simplifying Your Life by Reducing Your Waste*, by Bea Johnson (2013)

*Greening Your Home: Successful Eco-Renovation Strategies*, by Thomas Teuven and Laura Parker (2014)

*Greening Your Community*, by Jill Doucette (2015)

*A Year on The Garden Path: A 52-Week Organic Gardening Guide*, by Carolyn Herriot (2011)

*The Zero-Mile Diet - A Year-Round Guide to Growing Organic Food*, by Carolyn Herriot (2010)

## Green Business

*The Ecology of Commerce: A Declaration of Sustainability*, by Paul Hawken (2010)

*Greening Your Office – Strategies that Work*, by Jill Doucette and Lee Johnson (2014)

*Greening Your Hospitality Business*, by Jill Doucette and JC Scott

*The New Sustainability Advantage: Seven Business Case Benefits of a Triple Bottom Line*, by Bob Willard (2012)

*A Finer Future: Creating an Economy in Service to Life*, by Hunter Lovins (2018)